

# Does my child need

## **Physical Therapy?**

### Children who could benefit from our services may display some of the following:

- Holds head tilted to the same side most of the time
- Has difficulty holding head up
- Dislikes being on tummy
- Has flattened head on one side or the other
- Has trouble holding the bottle
- Is unable to hold body up while held on adult's hip
- Does not crawl forward while on tummy
- Prefers to creep with one leg up and the other down
- Does not kick legs equally
- Rolls in one direction
- Has stiff arms and/or legs
- Is not reaching developmental milestones
- Walks on toes frequently
- Slaps feet when walking
- Has difficulty maintaining posture
- Is clumsy
- Is unable to sit still
- Has weak muscles
- Is unable to ride a bike
- Has poor balance
- Has poor coordination
- Is unaware of safety precautions
- Is unable to keep up with peers

### How can we help? See reverse side www.PTSbeyourbest.com

# Our Pediatric Therapists have a passion for children, working to develop each child's abilities.

# Diagnoses and treatments include the following:

- Gross motor development
- Neuromuscular disorders
- Torticollis
- Erb's Palsy
- Spina Bifida
- Cerebral Palsy
- Prematurity
- Developmental delays
- Genetic syndromes
- Orthopedic conditions
- Autistic Spectrum

### Physical therapists promote strength, balance, coordination, improved range of motion and developmental progression through:

- Neurodevelopmental Treatment (NDT)
- Motor learning
- Motor Control
- Strengthening programs
- Parent education/training
- Developmental therapy
- Custom orthotics
- Adaptive equipment
- Pre-gait and gait training

#### Specialty programs include:

- Suit Therapy/Therasuit
- PedFit
- Sensory Processing/Integration
- Torticollis Program
- Therapeutic Listening
- How Does Your Engine Run?
- The Alert Program
- Yoga for Kids
- Handwriting Without Tears

### **Pediatric Therapy Services Clinics:** Lakeland Office: Brandon Office:

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